



Women's Empowerment Series

Exploring Our Potential is the second program of the three-part Women's Empowerment Series. In this group, you will:

- Examine needs, priorities and options for making changes to improve your life; and
- Consider goals and steps to take to reach them.

Tasks and activities will allow space for you to have "me time" along with time to share and learn from other group members.

PROGRAM DATES

October 3- November 28, 2018 (9 week)

TIME

Wednesday Evening from 6:00pm-8:30pm

LOCATION

116 Industry Street (Weston road and Eglinton area)

REGISTRATION

Please call 416-781-0479 for registration
Intake: September 12 and September 19, 2018

416.781.0479 / nywc.org