



U↑P SKILLS FOR WORK

UP SKILLS FOR WORK

In this group, you will develop key employability skills on:

- Motivation **Sept 26**
- Attitude **Oct 3**
- Accountability **Oct 10**
- Presentation **Oct 17**
- Teamwork **Oct 24**
- Time Management **Oct 31**
- Adaptability **Nov 7**
- Stress Management **Nov 14**
- Confidence **Nov 21**

Be confident and job ready with the key skills employers want.

This is a free program

Talk to us about childminding, TTC, and other accommodations.

WORKSHOP DATES

Thursdays, from September 26–November 21, 2019

TIME

1:30 pm – 3:30 pm

LOCATION

116 Industry Street, Toronto ON M6M 4L8
one km north of Eglinton Ave W at Weston Rd

REGISTRATION

Call 416.781.0479 or email info@nywc.org
You are welcome to register for one of the workshops or all nine

 nywc.org for other dates and times