

COVID-19 UPDATE

We have suspended all in-person services effective March 13, 2020. This includes all group programs, workshops and the Women's Lounge. Our priority is ensuring everyone's health and safety and doing our part to help flatten the curve.

We have a strong team working remotely that is committed to supporting you as best we can. If you need support or information, please reach out to us at 416-781-0479 or info@nywc.org. Provide as much information as you can about what you need, and let us know the best way to reach you and when.

The following resources are free and available 24 hours a day, 7 days a week:

Emergency: Call 9-1-1

Assaulted Women's Helpline: Telephone crisis line for women experiencing abuse.
Toronto: 416-863-0511, Toll-free: 1-866-863-0522, #SAFE (#7233)

Crisis Services Canada: Distress, crisis and suicide prevention line services.
Toll-free: 1-833-456-4566 (24/7), Text 45645 from 4pm to 12am EST

211 Toronto/Ontario: Non-emergency information on social and community services.
Call 2-1-1, Visit 211toronto.ca, or 211ontario.ca