

North York Women's Resource Centre
31st Annual General Meeting
Monday, December 7, 2020

PROPOSED SLATE OF DIRECTORS

The following are presented to the membership of North York Women's Resource Centre for election to the Board of Directors. The new Board will take office immediately following the AGM.

ELISSA PODOLSKY

Elissa Podolsky joined the Board of NYWC in 2017. She has held the position of Treasurer and is currently the Board Chair. Elissa is running for re-election.

Elissa has over 20 plus years of experience in the financial services industry. She is currently the Director of Operations at Manulife Financial, supporting the US Pension Market. Elissa has previous volunteer experience as a member of a local chapter for an international charitable organization supporting women and children.

In her spare time, Elissa is a proud hockey and theater mom of two very active children.

PARVEEN AMLANI

Parveen Amlani, SSW, BA, BSW, MSW (OCSWSSW), was appointed to the Board in January 2020 to fill a vacancy created when a director resigned to care for an ill family member.

Parveen is an alumna of University of Toronto and has been in the social service sector for 25+ years. Her career started at Covenant House as a Youth Worker and has culminated in her current position as the Manager, Health Outreach Programmes. Parveen was a founding member of CASSA and has been part of numerous boards and steering committees, including the Aga Khan social welfare board; the steering committee at the City Hall (Mayor David Miller) to advocate for women and children's issues; and Flemingdon Community and Legal Services.

Parveen's experience ranges from clinical to management, programme development, trainer for mental health, and working with diverse, vulnerable and at-risk adults, and seniors with multiple social and health problems. At present, Parveen manages a range of community support programmes: Assisted Living & Home Help, Caregiver Support, Personal Support & Homemaking, Crisis Intervention, Homelessness and Eviction Prevention and Respite Centre for the Homeless.